

Daily Word



A UNITY PUBLICATION
NOVEMBER 1951

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, understanding, and right action for the good of all mankind.

OCT. 20 to NOV. 19

ILLUMINATION (11 a. m.): The glory of the Lord is awakened within me, and I walk in the path of light.

PROSPERITY (12 noon): I joyously accept the riches of God, prepared for me from the foundation of the world. I am prospered in all ways.

HEALING (9 p. m.): The joy of the Lord is a well-spring within me, and I am aglow with radiant health.

NOV. 20 to DEC. 19

ILLUMINATION (11 a. m.): Christ light in me is my hope of glory, and I am constantly renewed in my understanding.

PROSPERITY (12 noon): I am thankful for the assurance that God is my all-providing resource. I rest in Christ opulence, and my prosperity is assured.

HEALING (9 p. m.): I rest in the almightiness of Spirit, and I give thanks continually for the Christ life that is healing my mind and body.

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DAILY WORD

ENTERED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 55

NOVEMBER, 1951

No. 5

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DAILY LESSONS FOR NOVEMBER

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In Quest of Truth

This is the second in the series of questions and answers to be presented in DAILY WORD. Through these questions and answers we trust that our readers will gain a clearer understanding of the Unity beliefs and teachings.

Question: My sister received a chain letter, and I am sending it on to you to be advised concerning it. My sister is worried, and that is why I am writing to you.

Answer: We are glad that you wrote to us about the chain letter your sister received.

Through the years people have asked us what to do about chain letters. Oftentimes, as in the case of the letter your sister received, the chain letter seems to have a spiritual idea behind it, and one hesitates to break the chain for fear of breaking a chain of good events.

But we feel that the best thing to do with any chain letter is to throw it in the wastebasket. Chain letters are the product of superstitious minds and would not be perpetuated at all if it were not for the glorious promises of riches to the person who keeps the chain going or a threat of some kind to the one who breaks the chain.

We know that God's unchanging goodness is not affected by chain letters. The only chain we need to be concerned with is the chain of good thoughts that we build up in our mind, which is our guarantee always of blessings.

Even when we are tempted to pass a chain letter along just for the fun of it, it is wiser not to do so, because the next person who receives it may not see it in the light of understanding that we do; and he may be fearful and apprehensive as to the results if he passes it along, or if he does not.

—From a Silent Unity letter.

* * * * *

Question: If physical ills are all dissolved through prayer, why wasn't Paul healed of his thorn in the flesh? God can heal in a marvelous way if it is His will, but it was not His will that Paul should be healed. Paul kept the thorn in his flesh because it was an occasion for the power of Christ to be revealed and Paul gloried in his infirmities.

Answer: Healing occupied so prominent a place in the ministry of Jesus Christ that one should not for an instant permit Paul's thorn to stand in the way of one's acceptance of healing. It is recorded that Paul had prayed three times for the thorn to be removed when a very definite answer came to

him. "My grace is sufficient for thee: for *my* power is made perfect in weakness."

Paul interpreted the words to mean that he was to continue in physical suffering for the glorification of Jesus Christ. The metaphysician of today interprets them to mean that God's grace is sufficient to heal any disease. His power is made perfect in weakness. It overcomes it. Strength replaces weakness, health replaces sickness, and God is glorified in wholeness.

Before his conversion, Paul, who was then known as Saul, believed in persecution. It was a practice prevalent in those times. In accordance with his training he was making every effort to destroy the Christians through persecution. He believed he was doing God's will. Then came his memorable conversion.

With all the zeal of his former methods, Paul became one of the greatest promoters of the Christian faith. Truth found a wonderful outlet through his well-trained mind. However, with the remembrance of his persecution of the Christians vividly alive in his thoughts it is not surprising that he associated martyrdom with Christianity, proclaiming, "I take pleasure in weakness, in injuries, in necessities, in persecutions, in distresses." Naturally his "thorn" remained.

Do not let Paul's experience discourage you.

Although Paul had marvelous faith, so that "God wrought special miracles" by his hands, yet he prayed but three times for his own healing. Then he submitted to a permanent infirmity because he believed it to be God's will. However, there is no cause for you to do so when down through the centuries the living words of Jesus Christ ring out the challenge "According to your faith be it done unto you."

In former days men were content to accept religious standards handed down by tradition or built up from man-made laws and opinions. Not being established in absolute good, they placed on God all the blame and responsibility for suffering.

Now we have entered the Christ era of wholeness and well-being. The blame for imperfection is being placed where it is merited, upon the shoulders of an erring humanity. This may seem a bit hard on man, but it gives us back our God of love.

The greatest prayer that can be offered to God is "Thy will be done." Made sincerely even in blind faith, it works wonders, and it accomplishes greater things when made with understanding of His will.

—*Health through Right Thinking*, a Silent Unity pamphlet.

This Is the Day

R. H. GRENVILLE

*"This is the day which Jehovah hath made;
We will rejoice and be glad in it."*

THE HUMAN heart has always thrilled to stories of distant and fabulous lands where dreams come true and no one is ever unhappy or poor. Yet, all the El Dorados and Utopias conceived of by man pale into insignificance before the magical Land of Someday! How often we hear it mentioned—sometimes wistfully, sometimes hopefully, sometimes pathetically: "Someday we shall have a home of our own"—"Someday we shall be free of debt"—"Someday I shall be healed."

Where is Someday? Not in tomorrow, or the day after, but in some mysterious region beyond the veil of time—far enough away from the concrete and commonplace world to stir our hope without taxing our faith. Financial responsibilities are too heavy for us to imagine ourself relieved of them tomorrow, or even next year. But between this troubled hour and Someday, who knows what may happen? The pain in our body, the conflict in our affairs are too real for us to imagine ourself free of them today or tomorrow; but given time

... yes, time! How essential we consider time to be! Yet, the only time we shall ever have in which to do anything or to be anything is now—here and now. If we are to be healed, now is the time. If we are to be prospered, this is the place!

Why not take time now, this very moment, to relax quietly, to still the clamor of anxious, harried, doubtful thoughts, and to turn to the kingdom of heaven within, where everything is eternally perfect.

"I relax in the certainty that God is with me, that the blessings I desire so ardently are already mine. I give thanks and accept them now." This affirmation, or one like it, will calm the turmoil of mortal thoughts.

You are healed, not at the moment when the doctors pronounce you whole, but at the moment you accept God's healing presence in your own heart. You are prospered, not when your last debt is paid or when your success is apparent to everyone else, but at the moment you turn wholeheartedly to God as the source of all you can ever need or want. It may take some time before the outer manifestation is complete, but be of good cheer! The vital element, the seed from which all manifestation must come is the confident acceptance in your own heart that your prayers are answered here and now.

"Every Day Will I Bless Thee"

Editor's Note: With the writer's permission, we print the following letter, because we believe that her experience is one that many of our readers have shared. We are thankful for the letters you write to us, telling how DAILY WORD has changed your life. We wish that we could share all the wonderful letters we receive. We also wish that you could read the letters of gratitude that come to us from those to whom you have sent DAILY WORD. Sometimes you may wonder how DAILY WORD has been received by someone to whom you have sent it. He may never tell you directly, but we hear words of thankfulness continually from those who are finding a new way of life through the pages of DAILY WORD. And always they say, "God bless the one who first introduced me to Unity!"

To the Editor:

This letter is not a testimonial, in the regular sense of the word. But your little monthly publication has been of so much benefit to me that I feel strongly impelled to let you know about it.

A week or so ago I almost passed by a friend whom I had not seen for five or six years. When I called hello to her, she turned and gave me a sharp, searching look, and I knew she did not recognize me for a moment. Then she smiled and spoke my name, and we had a brief conversation. Before we parted she said, "You're very happy,

aren't you?" And I answered her with the one word that best describes my happiness: "Unbelievably." She had not instantly recognized my features, but she had recognized the happiness in me.

A year ago I was perilously close to disaster, facing each new day with a dread and apprehension that overshadowed all my waking hours and threatened my marriage and my own well-being. I wanted to pray; but God seemed very far away. I felt the need of Him, but I could not reach Him—why I did not know.

Years ago I had seen a copy of DAILY WORD while visiting in the home of a friend. Almost in desperation I traced down an old issue in order to find the address of the publisher; and without any real conviction that it, or anything else, could help me, I subscribed for it. If you think I am going to tell you about a miracle that took place overnight after I received my first issue, you're mistaken. It was not like that at all.

Certain factors in my life were causing me deep distress and unhappiness. Discontent and restlessness were my daily companions. I tried to rid myself of their company; but they stuck close by me, because I didn't know how to evade them. With a real desire to peel off the mental callous I had begun to grow as a buffer against the anguish that seemed to engulf me, I began to try to cut a

hole through this wall of despair.

Reading the DAILY WORD lesson every day helped me to get a clearer perspective of myself. Slowly the realization came to me that while I could not change the circumstances in my life that were causing my emotional upheaval there was much that I could do for myself by changing my attitudes. When I began to accept things as they were and went on from there, I perceived for the first time that I was adding not only to my peace of mind but also to the happiness of those around me. Almost without my being aware of what was taking place, there was a gradual transition going on within me which brought about a complete new way of life, and for my new-found contentment I give much credit to the messages set forth in DAILY WORD, by which I have lived for a year now.

With amazing clarity and a sense almost of shock it came to me one day that for a long while I had been living but had not been *alive*. Today, each phase of everyday living is shaded with new meaning; and my work, leisure, and associations with other people are very satisfying. In short, I've found the very core of life and happiness through DAILY WORD, which helped me to get my feet on the pathway to God. For this I am deeply, immeasurably thankful.

NOVEMBER 1

Thursday

I AM THE EVER-RENEWING, EVER-UNFOLDING
EXPRESSION OF INFINITE LIFE, YOUTH, AND
BEAUTY.

WE SHOULD never let ourself fall into the habit of thinking of ourself as old. We should not feel that we are too old to be really well and strong, that we are too old to do the things we want to do. We need to deny false ideas about age if we are to keep our body strong and well, our mind filled with new ideas, our spirit joyous and enthusiastic.

We need to think of ourself not as having lived for a certain number of years, but as a spiritual being, ageless, without beginning or end, continually unfolding into a greater and greater expression of life, youth, and beauty.

It will help us to overcome negative ideas about age to say to ourself, every morning "I am the ever-renewing, ever-unfolding expression of infinite life, youth, and beauty." A positive idea like this will begin to take hold in our consciousness, and we shall find ourself free from any thought of age, we shall live in the consciousness of eternal life and youth now.

☛ *Thy youth is renewed like the eagle.*—PSALMS 103:5.

Friday

NOVEMBER 2

I LOOK UPON EVERY PROBLEM AS A SPIRITUAL PROJECT THROUGH WHICH I LEARN AND GROW.

INSTEAD OF thinking of our life as filled with many problems, let us think of the things we have to meet as spiritual projects through which we learn and grow.

There are situations arising continually in the lives of all of us that call for constructive thought and action. These situations become problems to us when we try to handle them without first seeking divine light and wisdom in regard to them.

Constructive thought and action call for understanding, and understanding comes as we open our mind to Truth. When we commune with the Spirit of truth within us the right thought and right action are revealed to us.

Whatever is before you to do today know that you have the power to handle it. Look upon every problem as a spiritual project through which you learn and grow. Ask God to reveal to you what it is you need to know and then take the steps that are indicated to you.

✿ *When he, the Spirit of truth, is come, he shall guide you into all the truth.—JOHN 16:13.*

I SURRENDER MYSELF—MIND, SOUL, AND BODY—TO GOD'S HEALING, FREEING SPIRIT.

PEACE OF mind and heart and health of body are gained through the surrender of ourself to God's healing, freeing Spirit within.

God's Spirit in us is forever at work, blessing us, renewing us, inspiring us, guiding us. To remember this frees us from anxiety or tension.

When you have difficulty in relaxing mind or body, try giving yourself over to Spirit. Practice surrendering yourself—mind, soul, and body—to God's healing, freeing Spirit. Affirm, "I surrender myself—mind, soul, and body—to God's healing, freeing Spirit." Say this over and over until the nerves and fibers of your body are relaxed in comfort and ease, until your mind is stilled from activity, until your heart is filled with assurance and faith. It is when you are relaxed in God's healing, freeing Spirit that renewal comes—renewal of faith, renewal of courage, renewal of strength, renewal of joy.

☛ *Come unto me, all ye that labor and are heavy laden, and I will give you rest. . . . ye shall find rest unto your souls. For my yoke is easy, and my burden is light.*
—MATT. 11:28, 29, 30.

Sunday

NOVEMBER 4

GOD IS MY SUPPLY AND MY SUPPORT. I LOOK
TO HIM FOR MY PROSPERITY.

IF YOU feel burdened financially and worried by a lack of sufficient money with which to meet your needs, turn to God and acknowledge Him as the source of your supply and support.

As you cultivate the habit of thinking about abundance as everywhere present, as you look to God for your prosperity a deep, abiding sense of peace will fill your mind and heart, and your thought of lack will be overcome. Rich ideas will begin to flow into your mind, ideas that are helpful and constructive, that open the way for God's abundance to enrich your life.

To trust God and to claim Him as the source of your supply and support does not mean that you cease all effort. God must have an active, alert channel through which to work. If you do cheerfully and competently whatever is before you with a happy, joyous heart, claiming Him as your supply and support, you will manifest the outer supply to meet your needs.

♣ *He did it with all his heart, and prospered.—II
CHRON. 31:21.*

I AM REFRESHED, RENEWED, AND RESTORED
BY THE VITALIZING SPIRIT OF GOD WITHIN
ME.

THERE IS no reason for us to become tired if we realize that within us is the strength-giving power of Spirit. One of the characteristics of Spirit is strength. There is no weakness in Spirit.

When our spirits seem low and our vitality seems depleted, a few moments of quiet affirmation will open our mind and body to a flow of new life. To relax, to turn to God in silent prayer can be as refreshing to our mind and body as an entire night's sleep.

Just because we have worked diligently is no reason for our being tired. If daily and hourly we affirm that God is the source of our strength, that God is the source of inexhaustible vitality, no matter what we do or how long we work, our powers and energies will not be depleted.

We are refreshed, renewed, and restored by the vitalizing Spirit of God within us.

♣ *They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary.—ISA. 40:31.*

Tuesday

NOVEMBER 6

TODAY I ENTER A NEW WORLD—A WORLD OF LIGHT, HOPE, FAITH, LOVE, HAPPINESS, UNDERSTANDING, AND HEALTH.

THIS DAY I rise to a new consciousness of my new life in Christ. My soul unfolds its wings and rises to grander and better things. Today I give up all unpleasant memories of the past. I yield to the past its own. I give to it all the beliefs in limitation that I have entertained about myself or others. To the past I give all my old thoughts of doubt, hate, fear, and disease. I cast from my mind all thought of age or death.

Today I enter a new world—a world of light, hope, faith, love, happiness, understanding, and health.

In the world of light there are no shadows of adversity. The light of God shines within me and about me, dispelling every shadow. There is no darkness within me, because God, the light of Truth, shines from the innermost depths of my being. My soul rejoices in the light of God and is radiant with rays of spiritual glory. My mind and my body respond to the light of Spirit.

✿ *The path of the righteous is as the dawning light.*
—PROV. 4:18.

NOVEMBER 7

Wednesday

THE PRESENCE OF GOD WATCHES OVER ME;
WHEREVER I AM GOD IS.

GOD, YOU are my protection, my blessing at all times. No matter where I am, I am not alone; for You are with me. Your presence watches over me now and every moment of the day and night.

You are not only around me and with me, but You are within me. I cannot stray beyond Your loving presence and tender care. Nor can my loved ones ever be separated from You.

I bless my dear ones, knowing that wherever they are You are with them. Your presence watches over them. You are with them to guide them, to bless them, to protect them.

If I seem to be alone with no human hand to steady me, no human heart to comfort me, I know that You are with me, God, steadying me, comforting me, strengthening me.

When I take a trip, I know that You go with me, making my way safe and happy.

I acknowledge Your presence and power as the only presence and power within me and about me. You are here, and I am safe and secure.

♣ *Here I am.*—ISA. 58:9.

GOD'S LAW OF LOVE AND JUSTICE REGULATES MY LIFE AND AFFAIRS AND HARMONIZES MY RELATIONS WITH OTHERS.

GOD'S LAW of love and justice is mightily at work in my life, regulating and adjusting all my affairs and blessing and harmonizing all my human relations.

I co-operate with God's law of love and justice by keeping my thoughts loving and my actions kind and just.

I remain serene and calm in the face of inharmony or injustice. I know that God is the only presence and the only power and that His Spirit is mighty to establish harmony and justice. His Spirit, active in me and through me, has power to dissolve negation, to bring about understanding and peace.

Through God's Spirit within me I have the faith, the wisdom, and the love needed to bless any situation.

I give thanks that God's law of love and justice now regulates my life and affairs and harmonizes my relations with others.

✿ *I will uphold thee with the right hand of my righteousness.*—ISA. 41:10.

GOD IS THE SOLUTION TO MY PROBLEMS. HIS
WISDOM ILLUMINES ME.

GOD IS within us, our unfailing help in every need, the solution to every problem. To those who have not learned to rely on God through prayer it may not seem practical to depend on invisible Spirit in the details of everyday living. Yet there is no more practical step we can take than to pray, to turn within for help.

If you are disturbed and do not know what to do in some situation; if you have made a mistake and fear the results, if you worry about what other persons think or say about you, let go, turn within, and ask the indwelling Spirit to help you, to guide you, to illumine you, to set you free, to bring you peace of mind.

Declare: "God, You are helping me. God, You know the answer. God, You are adjusting all things now."

No matter how bad things may seem, if you trust God and give thanks for His love and care, every situation will be harmonized, every problem will be solved. God can help you. God knows the answer. God is adjusting all things now.

♣ *Jehovah is my shepherd.*—PSALMS 23:1.

Saturday

NOVEMBER 10

WITH GOD'S HELP I PUT FIRST THINGS FIRST
IN MY LIFE. I DO ONE THING AT A TIME TO-
DAY.

SOMETIMES we feel weary before we begin our day because we think about all the things that are as yet undone. We think not only of the things that we need to do today, but tomorrow, the day after, and so on.

In order to accomplish what needs to be done by us today, we should do the thing that is at hand to be done, concentrate on it, act as though it were the only thing before us to do. We shall find that as we do one thing at a time our day falls into an orderly pattern and we go from task to task with a feeling of renewal and enthusiasm.

With God's help we can learn to put first things first. When we ask for divine wisdom and guidance we clearly see what is important and what is unimportant.

As we do one thing at a time, we shall be surprised at the ease with which we accomplish our tasks.

♣ *Study to be quiet, and to do your own business.—I THESS. 4:11.*

Sunday

I PLACE MYSELF AND ALL MY AFFAIRS LOVINGLY IN THE HANDS OF THE FATHER WITH A CHILDLIKE TRUST. THAT WHICH IS FOR MY HIGHEST GOOD SHALL COME TO ME.

THOUSANDS of Truth students all over the world have used this prayer, have depended on it, and have found help and strength and blessings through placing themselves and their affairs "lovingly in the hands of the Father with a childlike trust."

If you have a problem confronting you today, why not join Silent Unity in prayer and thought and place yourself and all your affairs lovingly in the hands of the Father?

Dwell on the thought "lovingly in the hands of the Father." Know that the Father loves you and cares for you, that He is bringing into manifestation in your life that which is for your highest good.

Whenever a thought of depression or doubt enters your mind dispel it by affirming: "I place myself and all my affairs, lovingly in the hands of the Father with a childlike trust. That which is for my highest good shall come to me."

♣ *I trusted in thee.*—PSALMS 31:14.

Monday

NOVEMBER 12

GOD IS THE HEALING, STRENGTHENING, HARMONIZING POWER OF MY BEING.

NO MATTER how great the turmoil of mind and emotions may be, a strong, positive declaration of God's healing presence always brings peace. I do not have to remain in a disturbed state of mind, for I have the power to lift my thoughts above all outer confusion to the clear light of Truth.

Even as an airplane can climb through storm clouds to the clear skies above, so can I rise out of negative thinking by turning to the mighty, delivering power of Spirit within.

There is lifting power in God. And when I think of Him as the healing, strengthening, harmonizing power of my being, my consciousness is opened to His resurrecting Spirit, my mind and body are blessed with peace.

God is the healing, strengthening, harmonizing power of my being. His Spirit within me lifts me out of fear into faith, out of discouragement into success, out of depression into joy, out of weakness into strength.

☛ *Look unto me, and be ye saved, all the ends of the earth.—ISA. 45:22.*

I LOOK FOR THE GOOD IN EVERY PERSON AND
IN EVERY SITUATION, AND I ADJUST MYSELF
HAPPILY TO MY WORLD.

EVERYONE is called upon to adjust himself to certain persons and situations, for there are many differences of viewpoint, of aspiration, of taste, of disposition. In our home, at our work, wherever we may find ourselves, we can adjust ourselves happily to our world. The secret of such adjustment is to learn to look beyond the things that seem difficult to approve of or understand to the good that is surely present.

When we approach an experience with love and understanding we move through it poised and content, we contribute something substantial and helpful to it, and we gain understanding and wisdom from it.

The practice of looking for something good in every person and in every situation creates a flexibility of mind and openness of heart that enables us to make adjustments without resistance or struggle; that inspires us to minimize the failings or shortcomings of others; that helps us to keep faith in the divine idea that underlies all.

☛ *For none of us liveth to himself.*—ROM. 14:7.

Benedict



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G. CARDINAL LE GROS

Infinite presence—God of love and truth—

Out of whose fullness all our needs are met,
Out of whose being everything proceeds,
Cosmos and atom, star and violet.

Infinite power—God of peace and joy—

Out of whose glory we are healed and blessed,
Illumine us, until within our heart
Thy Son, the living Christ, is manifest.

Wednesday

NOVEMBER 14

GOD IN THE MIDST OF ME IS MIGHTY TO QUICKEN, TO RENEW, TO RESTORE, AND TO MAKE WHOLE.

GOD in the midst of you is mighty, mightier than any appearance of disease. No matter what your condition, no matter what you have been told about it, no matter what other persons have experienced, there are no hopeless conditions, there are no incurable diseases.

God in the midst of you is mighty! His healing life permeates and penetrates every part of your being. His Spirit strengthens your heart, rebuilds your bones, renews your blood, revitalizes and perfects every cell of your body.

When thoughts of weakness or discouragement come, put them away from you by affirming, "God in the midst of me is mighty to quicken, to renew, to restore, and to make whole."

Nothing is impossible with God, and you are His beloved child. You are important and necessary to Him. He is in the midst of you now. He is blessing you now. He is healing, renewing and restoring you now.

☛ *All things are possible to him that believeth.*—MARK 9:23.

NOVEMBER 15

Thursday

I DAILY UNFOLD MY INNER POWERS AND
GROW SPIRITUALLY.

WHEN WE long for more vitality, more money, more love, more happiness, it is because something within us is not satisfied, it is because we feel that we are not getting all that we should from life.

Within us are resources of life and energy that, when accepted and released, bless us with a vigor and health we have not known before. Within us are potential skills and abilities that, when developed and used, create for us a place of satisfying expression and bring to us the financial supply we need. Within us are capacities for understanding and love that, when cultivated and given expression, win the response from others that we need for happiness.

Whenever we feel dissatisfied with ourselves or our life, let us look upon this dissatisfaction as an indication that we have come to a place where we need to unfold more of our inner powers, where we need to give greater expression to the infinite life in which we have our being.

☛ *Become partakers of the divine nature.*—II PETER
1:4.

Friday

NOVEMBER 16

THY SPIRIT OF WISDOM DWELLS WITHIN ME,
AND I AM OPEN AND RECEPTIVE TO ITS IN-
STRUCTION AND GUIDANCE.

THY SPIRIT of wisdom dwells within me, ever ready to guide and direct me. I am receptive to Thy instruction and guidance. I walk with confidence and assurance, for I know that Thou leadest me into the way of my highest good.

As Thy child I know that infinite good has already been prepared for me. I am obedient to Thy divine direction; I know that Thou art my assurance of success in all that I undertake.

The path that I should follow is revealed to me through Thy all-wise, all-loving Spirit within me.

I come to Thee, O Lord, in prayer. I open my mind, my heart, my entire being to Thee. Thy light fills my mind, Thy love fills my heart. Thy life renews my being. In silent communion with Thee all things are made plain to me. I see with Thy wisdom, and the way of my highest good is revealed to me.

*For Jehovah giveth wisdom;
Out of his mouth cometh knowledge and understanding.*

—PROV. 2:6.

THE FORGIVING LOVE OF JESUS CHRIST SETS
ME FREE.

WHEN we open our heart to the forgiving love of Jesus Christ we are healed of resentment, our mind is cleansed of bitter or unforgiving thoughts. We are redeemed, restored, renewed through His love.

Our human self may seem steeped in negation. We may have carried in our heart and mind thoughts of resentment toward those who have seemingly injured us or said unkind things about us. But it is possible for us to overcome resentment, it is possible for us to erase even the memory of hurt or injured feelings. We overcome, not through personal striving, but through letting the love of Christ fill us and express itself through us.

To anyone or anything we have condemned let us say silently, "I forgive you in the name of Jesus Christ." Let us repeat these words over and over until the old habits of ill feeling are erased. This practice will wipe out uncharitable thoughts and bring us freedom, joy, peace of mind, and happiness.

• *The Son of man hath authority on earth to forgive sins.*—MATT. 9:6.

Sunday

NOVEMBER 18

IT IS IMPOSSIBLE FOR ME TO BE SEPARATED FROM YOU, DEAR GOD. YOUR LOVE INFOLDS ME AND CARES FOR ME EACH MOMENT OF THIS DAY.

WITH THIS comforting thought I begin this day, confident that You are with me, taking care of me. Each moment I know that I walk secure in Your love. I trust You to guide me in all my ways. I turn to You and know that You hear my prayers.

No matter where I am, You hold my hand and guide me. I am never alone or unloved. I lean confidently on Your strength. I walk and talk with You as a dear and close friend.

No matter what my situation today or any day, I have unwavering faith that You are with me, that in You I live and move and have my being.

This thought gives me the instant assurance of perfect health, of immediate financial support, of constant light on my path day and night.

Each moment I can say: "God, You are here. Your love infolds me now, and all is well.

*The eternal God is thy dwelling-place,
And underneath are the everlasting arms.*

—DEUT. 33:27.

"I CAN DO ALL THINGS IN HIM THAT
STRENGTHENETH ME."

SOMETIMES it may seem that we are called upon to do more than we are able to do. We may not feel physically able to carry on our everyday tasks, we may not feel emotionally able to meet what we must meet, we may not feel spiritually equipped to overcome obstacles.

But Jesus, in one of His parables, said this: "To whomsoever much is given, of him shall much be required." Whenever we feel that much is asked of us, we need to remind ourself that it is because much has been given us.

We have far more physical strength, emotional stability, spiritual power than we realize.

The Christ Spirit in us enables us to do all things, and it is upon this Spirit that we need to learn to rely. When we feel that we are not able, of ourself, to do what is required of us, let us become still and say to ourself, "'I can do all things in him that strengtheneth me.'" The oftener we affirm this, the greater will be our feeling of strength and power and capability.

✱ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

CHRIST LIGHT IN ME IS MY HOPE OF GLORY,
AND I AM CONSTANTLY RENEWED IN MY UNDERSTANDING.—UNITY ILLUMINATION THOUGHT.

UNTO THEE, O loving Christ, do I give thanks for the realization that Thy light dwells within me.

I rejoice in the assurance that Thy light is unfailing, that in Thee I am blessed with constantly renewed understanding.

In Thy holy presence I rejoice with fullness of joy. In Thy light I see only light. Thy light dispels the darkness of ignorance and misunderstanding, and I behold the glory of Thy presence revealed. All things are illumined by the holy light of Thy divine self.

Thy light renews in me the realization of my oneness with Thee, and I am confident and serene, for I know that Thy divine wisdom fills my mind. My understanding sets me free from prejudice, resentment, and fear. "None of these things move me," for Thy light is my hope of glory, and I am renewed constantly in my understanding, I am uplifted in mind and spirit.

* God was pleased to make known . . . this mystery . . . which is Christ in you.—COL. 1:27.

NOVEMBER 21

Wednesday

I AM THANKFUL FOR THE ASSURANCE THAT GOD IS MY ALL-PROVIDING RESOURCE. I REST IN CHRIST OPULENCE, AND MY PROSPERITY IS ASSURED.—UNITY PROSPERITY THOUGHT.

I AM thankful, O God, that Thou art my all-providing resource, my abundant supply for my every need. I rejoice that in Thee I have plenty, that my prosperity is manifest in perfect ways and in opulent measure.

I thank Thee, O loving Father, that even before I call upon Thee Thou dost answer me. I thank Thee that Thou hast made known to me the splendors of Thy kingdom of infinite Spirit substance. I thank Thee that Thou hast given me the assurance of Thy loving care and the understanding that enables me to call forth Thy substance into manifest form. I thank Thee that I am surrounded by plenty, filled with plenty.

I am thankful that Thou hast given me wisdom and understanding to use Thy substance in right ways.

In Thee I am opulently, abundantly prospered always.

✿ *It is your Father's good pleasure to give you the kingdom.*—LUKE 12:32.

Thursday

NOVEMBER 22

I REST IN THE ALMIGHTINESS OF SPIRIT, AND I GIVE THANKS CONTINUALLY FOR THE CHRIST LIFE THAT IS HARMONIZING MY MIND AND HEALING MY BODY.—UNITY HEALING THOUGHT.

I GIVE thanks to Thee, Almighty Father, that my mind and body are now healed. Thine almighty spirit of healing is now active in me.

I rest in Thine almightiness.

I thank Thee that Thy perfect healing work is done in me through Christ. I thank Thee that Thy Spirit in me is mighty to set me free from every illness of mind or body. I give thanks to Thee this moment and every moment of every day for the perfect expression of Thy life in and through me.

I rest in Thine almightiness.

I give thanks for glorious life. I give thanks continually that I am harmonized and healed.

I give thanks for peace of mind, for abundant, radiant health of body. I rest in Thine almightiness.

*O Jehovah my God,
I cried unto thee, and thou hast healed me.*

—PSALMS 30:2.

NOVEMBER 23

Friday

GOD'S LAW OF ADJUSTMENT REGULATES ALL MY AFFAIRS, AND HIS LOVE ESTABLISHES ORDER IN MY LIFE.

THERE IS a law of justice that regulates and adjusts human affairs in accordance with God's love and wisdom. I place all my affairs in God's care, knowing that whatever is for the highest good of all concerned is now being established.

I shall not limit God by outlining how this good is to be brought about, for I trust His love and wisdom. I work with His law of adjustment by being open and receptive to His guidance.

Because God's wisdom sees the perfect plan for all His children, I am willing to let Him establish order in my life and affairs.

I do not resist change but co-operate and work with Him freely and faithfully. When a situation is in the process of adjustment and change I am calm and serene, I let go and let God. I keep my thoughts loving and have the utmost faith in the perfect outcome of every detail of my life. God's love is establishing order in my life and affairs.

♣ *Jehovah will perfect that which concerneth me.*
—PSALMS 138:8.

Saturday

NOVEMBER 24

I AM WILLING TO LET GO OF PERSONAL WILL AND DESIRE. I OPEN MYSELF TO GOD'S GOOD WILL FOR ME.

SOMETIMES it may seem that the good we long for and desire is being withheld from us. We may struggle and strive to make some particular demonstration, when, if we but realized it, God's good for us is right at hand. When we put our personal will and desire before everything else, we often fail to see the blessings that God has prepared for us. We do not see anything other than our personal concept of how our life should be.

Through prayer, personal will and desire are transformed. Through prayer, we open ourself to the will of God, we make ready the way for His Spirit to work in us and through us to bless us with that which is for our highest good and ultimate happiness.

We do not change God through prayer, but we change ourself to such a degree that we cease our personal striving to make things work out as we would have them. We release everything to God, we are willing that His will be done in us.

✿ *Not as I will, but as thou wilt.*—MATT. 26:39.

Sunday

JESUS CHRIST IS WITH ME NOW, HEALING MY
HEART OF ALL GRIEF.

IN THE words of Jesus, "I will not leave you desolate: I come unto you," I have the assurance that I am not alone, no matter what I am called upon to meet.

The Holy Comforter enters my heart today as I open it to Him and feel the nearness of His presence. His love sustains, encourages, and lifts me out of sorrow into abiding peace.

The doubting of my heart is quieted as I commune with the Comforter, the Spirit of truth, within me. Even though there are things that seem to be beyond my present understanding, I remember Jesus' promise, "When he, the Spirit of truth, is come, he shall guide you into all the truth."

I do not cling to sorrow or grief. I open my mind and heart and life to Truth and I am blessed with new understanding; I am filled with peace and love, I have more faith and joy than ever before.

Jesus Christ is with me now, healing my heart of all grief.

☛ *Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you.—JOHN 14:27.*

Monday

NOVEMBER 26

TODAY MY SPIRIT SOARS IN THANKSGIVING.

IN meeting the demands of daily living, our days oftentimes become so full of activity that we do not take time to stop and be thankful. But no act has more power to bring blessings than that of giving thanks. No one should allow himself to become so absorbed by his work or affairs that he does not have time to think about and give thanks for his blessings.

When challenging demands are being made upon you, you may question what you have to be thankful for. But you need only to ask yourself this question, and there will come to your mind so many reasons for being thankful that your spirit will soar.

To think of the life that is in your body, to think of the power of your mind to conceive ideas and to administer them, to think of the satisfactions of living and working with other persons, to think of all the ways in which you have been blessed stirs a feeling of praise and thankfulness in your heart.

Today let your spirit soar in thanksgiving.

♣ *Remember his marvellous works that he hath done.*
—I CHRON. 16:12.

I HAVE FAITH IN GOD AND IN HIS SPIRIT IN
MANKIND TO BRING FORTH PEACE IN THE
WORLD.

LET US FILL our mind and heart with faith in
God's Spirit. Let us know that His Spirit
is at work in the peoples of the world to
bring forth peace and ultimate good for all.

We need to pray continually for world peace;
we need to pray continually for world leaders.
We need to pray continually for the enlighten-
ment, wisdom, and guidance of everyone who is in
a place of importance, of everyone who makes de-
cisions that affect the peace of the world, of
everyone who has any part in formulating plans
and policies for men and nations. Even though
we may not approve of the actions of certain
world leaders or personally agree with decisions
they make, we can still continue to pray for their
illumination and guidance, we can know that those
in places of importance are made more receptive
to His Spirit through our prayers.

Let us have faith in God and in His Spirit in
man to bring forth peace in the world.

♣ *And the government shall be upon his shoulder.*
—ISA. 9:6.

Wednesday

NOVEMBER 28

IN CHRIST I AM FOREVER FREE.

“**D**ROP Thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and
stress,
And let our ordered lives confess
The beauty of Thy peace.”

Whatever has troubled us, burdened us, bound us has no real power over us. In Christ we are forever free!

Where before we may have looked to other persons, to circumstances, to the future for release, for help, now let us let go and look to the infinite presence of good in which we live and move and have our being. Let us turn within to Spirit, from which we were created, by which we are momentarily sustained.

It does not matter what our bondage has been, it does not matter how weak or dependent we have felt, it does not matter what we have experienced in the past, we are now forever free in Christ.

We are free in Christ. We are strong in Christ. We feel Christ's peace in our life.

✿ *Ye . . . were called for freedom.—GAL. 5:13.*

NOVEMBER 29

Thursday

DIVINE LOVE ADJUSTS EVERYTHING IN MY
LIFE. I ABIDE IN PEACE.

IN THE writings of Charles Fillmore, we read: "Divine love adjusts. There is no tangle so intricate, no misunderstanding so complicated, no inharmony so subtle, that it cannot be adjusted by divine love. You can prove this for yourself if you have need of any adjustment in your life, either mental, moral, physical, spiritual, or financial. To be helpful is the purpose of divine love, and no permanent or satisfactory adjustment is ever made without some application of the principle of love. Divine love blesses man and lifts him out of all error. It helps him to overcome in all ways; it draws him gently into the kingdom of light and life, peace and harmony, joy and abundance—here and now."

If you would prove the truth of these words, start right now, right where you are, to be a channel for the expression of divine love. Through the power of divine love everything in your life can be adjusted and blessed.

* *Giving thanks unto the Father who . . . translated us into the kingdom of the Son of his love.*—COL. 1:12, 13.

Friday

NOVEMBER 30

"MAY THE LORD WATCH BETWEEN THEE AND ME AND MAKE US TO KNOW THAT WE ARE ONE IN SPIRIT."

THERE IS no separation between you and those you love. You are as close to them as your thoughts and prayers. The love you feel for your dear ones is a spiritual bond that binds you eternally in such oneness that neither time nor space can intervene.

God is everywhere at once. God's presence within you is present also in your loved ones. Therefore when you commune with God you are communing with the same Spirit that is within and around your loved ones wherever they may be.

Have no fear. Whenever you feel doubt or anxiety concerning the safety or well-being of a loved one declare: "God is with you. I know that you are constantly in His loving care, and that all is well with you."

As you keep your thoughts on God, your loved ones will feel the peace that you radiate. God is with you. You are one in Spirit.

✿ *I in them and thou in me, that they may be perfected into one.*—JOHN 17:23.

This Month IN UNITY



Save Money on Gift Books

You can save money on Christmas gift books by taking advantage of Unity's special 6-for-\$5 Christmas gift book offer which will be in effect from now until January 1.

During this period you may order any six of Unity's regular \$1 books for the special price of \$5. The following assortment is suggested as being especially appropriate for Christmas giving: *Prayer Changes Things*, the new book by Dana Gatlin; *Atom-Smashing Power of Mind*, by Charles Fillmore, a book on the power and scope of the mind; *Favorite Unity Radio Talks*, a collection of the most popular scripts used on Unity's radio program "Unity Viewpoint"; *Prayer in the Market Place*, a collection of articles from Unity's GOOD BUSINESS magazine for business people; *New Ways to Solve Old Problems*, a collection of "Things to Be Remembered" articles from Lowell Fillmore's regular column in WEEKLY UNITY; and *God a*



Present Help, H. Emilie Cady's discussion of how to live the life abundant.

For a complete list of Unity's \$1 books, see page 45 of this issue of DAILY WORD.

Music for Christmas

One of the most enjoyable parts of Christmas is gathering friends and family around the piano and singing Christmas carols. The book *Unity Song Selections* is a hymnbook that contains the music and lyrics for these familiar carols: "Silent Night," "O Little Town of Bethlehem," "Joy to the World," "It Came upon the Midnight Clear,"



"Hark! The Herald Angels Sing," and many others. *Unity Song Selections* also contains music for Thanksgiving, Easter, patriotic holidays, and other occasions. There are 309 hymns in all, and the book is attractively bound in long-wearing

dark green Keratol. *Unity Song Selections* is priced at \$1 a copy and may be ordered from your local Unity center or direct from Unity headquarters.

Also suggested is the unbreakable Vinylite recording of "The Lord's Prayer" by Charles Fillmore. The record is priced at \$1.50.

DIRECTORY OF UNITY BOOKS

<i>For Beginners</i>	Beginning Again	\$1.00
	Favorite Unity Radio Talks	1.00
	God a Present Help	1.00
	God Is the Answer	Dutch \$1; English 1.00
	Great Physician, The	1.00
	Household of Faith, The	5.00
	How I Used Truth	German \$1; English 1.00
	Lessons in Truth	
	English, French, German, Russian, Spanish, Dutch	1.00
	Letters of Myrtle Fillmore	1.00
	Lovingly in the Hands of the Father	1.00
	New Ways to Solve Old Problems	1.00
<i>For Healing</i>	Whatsoever Ye Shall Ask	1.00
	Christian Healing	English, German 1.00
	Divine Remedies	.50
	Jesus Christ Heals	1.00
	Truth Ideas of an M. D.	1.00
<i>For the Home</i>	You Can Be Healed	1.00
	Meatless Meals (cookbook)	1.50
<i>For Prosperity</i>	You and Your Child	English, French 1.00
	As You Tithe so You Prosper	.50
	Both Riches and Honor	French \$1; English 1.00
	Prayer in the Market Place	1.00
	Prosperity	1.00
	Prosperity's Ten Commandments	1.00
<i>For Inspiration</i>	Working with God	1.00
	Best-Loved Unity Poems	1.00
	Have We Lived Before?	1.00
	Mightier than Circumstance	1.00
	Prayer Changes Things	1.00
<i>For Devotion</i>	Sunlit Way, The	1.00
	Bible, American Standard Edition	6.50
	Book of Silent Prayer	.50
	Effectual Prayer	1.00
<i>For Advanced Study</i>	Silence, The	.50
	Atom-Smashing Power of Mind	1.00
	Christ Enthroned in Man	1.00
	Know Thyself	1.00
	Metaphysical Bible Dictionary	5.00
	Mysteries of Genesis	1.00
	Mysteries of John	1.00
	Selected Studies	1.00
	Talks on Truth	1.00
	Teach Us to Pray	English, French 1.00
<i>For Children</i>	Twelve Powers of Man, The	1.00
	What Are You?	1.00
	Crybaby Kangaroo (for ages 4 to 8)	1.00
	Jet's Adventures (for ages 8 to 12)	1.00
	Jet and the New Country (for ages 8 to 12)	1.00
	Teach Me to Pray (for ages 4 to 11)	1.25



Announcing a New Unity Book

PRAYER CHANGES THINGS

by Dana Gatlin

"If I were asked to name life's greatest blessing," wrote Dana Gatlin, "I know I should have to answer: 'The blessing of prayer.'"

The blessing of prayer is that prayer *does* change things, and Dana Gatlin, one of Unity's favorite writers, makes prayer real and simple and helpful in her book *Prayer Changes Things*.

Prayer Changes Things will be of tremendous help to you who are seeking to overcome problems through the application of God's laws as taught by Jesus Christ. Why not order your copy now, and when doing so remember the friends on your Christmas gift list? They too will appreciate this new book on the vital subject of prayer, published just in time for fall reading and Christmas giving.

Prayer Changes Things is \$1 a copy.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI



More Than a Greeting Card



Why not send your greetings this Christmas the Unity way—in the form of Unity Greeting Booklets?

These beautiful booklets, many with Christmas themes and all with 24-page inspirational messages appropriate to the Christmas season, cost no more than ordinary greeting cards yet convey so much more of your love and thoughtfulness. New this year is the booklet

GOD BLESS YOUR CHRISTMAS

A Collection of Christmas Poems

which, together with the following booklets, make up our special Christmas assortment of 12 booklets for \$1:

The Christmas Spirit, Christmas Blessing, The Gift Imperishable, God Is Blessing You Now, The Great Helper, Holy Bread, Life Is Consciousness, The Mental Equivalent, The Protecting Presence, The Song of Life, Where I Am King.

Unity Greeting Booklets can be used in so many ways—mailed singly in the holiday envelopes that we include with your order and that require only 1½¢ postage, wrapped in packets of 3, 6, or 12 and given as small "remembrance" gifts, or slipped singly under the ribbon of large gift packages—but in whatever way they are used, Unity Greeting Booklets always carry with them an added blessing. (Note: Assortment listed is \$1; booklets ordered singly are 10¢ each.)

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Use This Order Form for Your Christmas Gifts



The books and magazines described in this issue of DAILY WORD will make exceptionally appropriate gifts for your family and friends at Christmas. Each magazine gift is mailed with an attractive gift announcement inscribed with your name; books will be holiday-wrapped, if you desire, and mailed by us at no additional cost for postage. Be sure to indicate the name of the book or magazine you wish sent to each person when you make out your gift list.

Unity School of Christianity, Lee's Summit, Missouri

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☐ I inclose \$_____ to pay for my order. ☐ Please send me a Prosperity Bank in which to save \$_____ for my order.

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Please indicate postal zone number, if cities are so divided.

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Say "Merry Christmas" for a Whole Year!

You can say "Merry Christmas" all twelve months of the year with Unity magazine gift subscriptions that will bring a blessing to your friends and loved ones. Simply choose from this list and jot down the names of friends who come to mind.

WEEKLY UNITY—An 8-page weekly paper with articles on practical Christian living and solving problems in human relations. Also contains a digest of articles pointing up the trend of the times toward constructive thinking.

GOOD BUSINESS—A forward-looking magazine for progressive business people. Articles on successful business ideas, discussions of up-to-date methods and approaches to employer-employee and public relations improvement. Published monthly.

WEE WISDOM—All-time favorite of children for three generations. Stories, poems, music, puzzles, paper dolls, pictures to color, things to make, clubs to join, games to play. Thirty-six pages of playtime fun for boys and girls 5 to 13. Published monthly.

UNITY—A digest-sized magazine for advanced thinkers in the field of religion. Presents the science of metaphysics as the way to health, happiness, and prosperity, and contains helpfully interesting interpretations of the International Sunday School lessons. Published monthly.

YOU—The magazine for bright teen-agers. Fact and fiction stories, self-improvement articles and youth counseling, inspiration through descriptive photography, Tri-croistics for puzzle fans, hobby pages, and "Teen Topics." Published monthly.

DAILY WORD—Friendly page-a-day inspiration for the daily devotional period. Praised by thousands as a real aid to starting every day in a positive, constructive, and happy frame of mind. Published monthly.

Each of these magazines is \$1 a year, with the exception of *Wee Wisdom*, which is \$2 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI



Harvest in the Heart

JAMES DILLET FREEMAN

There is a harvest in the heart
That acres cannot yield;
The living spirit of a man
Is like a fertile field.
For faith is like a mustard seed,
How great its increment!
From every prayer of faith we reap
A harvest of content.

What tins and bins and granaries
Can hold the heart's increase,
The overflowing jubilation,
The heaped-up-pressed-down peace;
The riches of the spirit
Unfolding fruitfully,
Thought on thought and deed on deed
Into maturity!

